



## THE VALUE OF OUR STORY

**Sam Jolman, Counselor/Author**

A foundational piece of what we do every summer is the knowing and telling of your story. For some of you this may be very familiar, and to some of you this may be your first time thinking about this. Be encouraged, knowing and telling your story is a good process for you to be involved in as you grow in Christ. Our challenge to you is to start that process, write 5 highlights and 5 lowlights of your life, and describe how they made you feel, then tell that to someone close to you that you trust. This is a huge step that we believe that will really help you understand what God is up to in your life.

**Follow Up Questions:**


Are you familiar with the term “story” and what experience do you have with it?

Do you feel like God cares about your story?

Would you say that you know your story or are you in the process of knowing your story?

What are 5 “highlights” and 5 “lowlights” in your life?

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