



**TRAINING
GROUND**

work
wilderness
worship

The Training Ground Code of Conduct

Before you read any further, know that we respect you as men. This is why we layout the expectations for you up front. We ask that you read the following. If you agree to abide by this code, please sign at the bottom. You will be expected to hold to this standard and this responsibility while you are in Colorado.

House Rules:

While living in the Training Ground house, we ask you to respect one another and the older mentors who will lead and teach you throughout this experience. We also expect you to treat the Training Ground house with respect. This includes: making your bed each morning when you wake up, cleaning the kitchen, and keeping the bathrooms clean each night. You will need to straighten and clean common areas, and turn off electronic equipment when not in use. You will be held responsible for any damage done to the Training Ground house during your stay.

Work:

Our employers require a drug test to be eligible for employment. Failed drug tests will result in an expulsion from our program.

You do not work directly for Training Ground but with outside employers. We expect you to abide by their rules. Remember that on the job, you are representing Training Ground. This means you agree to arrive at your job on time and ready to work. If you are sick and unable to work, we expect you to contact your job site supervisor as well as the TG's interns immediately. To miss any part of a day of work due to illness, a doctor's excuse is required. We want to ensure that the partnerships we develop with these companies continue for the future men of Training Ground.

Guests:

Under certain circumstances visitors are allowed, but must have director's approval. Any guest visiting from out of town must have **pre-summer** director's approval. We have found that constant outside interruptions can actually prevent you from being able to fully engage in the program. This especially includes family or friends if you are local to Colorado Springs. For any contact with local family and friends, please discuss this with the directors.

Out of Town Events:

To attend out of town events, you will need to have **pre-summer** director's approval. In order for you to get the most out of this intentional summer experience, we expect that you attend all program activities.



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Food:

As a community, you will shop for food together and develop a menu and cooking schedule so everyone shares the responsibility. How you choose to make and prepare meals is up to you. There will be dates when Training Ground will cover food costs, and these will be told to you a few days in advance. TG interns will facilitate the organization of the cooking schedule.

Fires:

Colorado is a dry climate so fires are a very real danger. Throughout the State, fire bans exist. During each TG activity, we will abide by the existing fire limitations placed by the State. As the TG house is in a residential neighborhood, fires are permitted in a fire pit. Fires can be made only during supervised times because of fire dangers and community complaints. When we do have a fire, please make sure all fires have been completely extinguished (with water) before leaving the area.

Outdoor Gear:

The outdoor gear is for your use at Training Ground. We trust you will be good stewards of TG's gear to ensure that future men of Training Ground will be able to enjoy this gear as well. If you damage gear outside of normal wear and tear, you will be responsible to repair or replace it. Please notify one of the staff if an issue or malfunction occurs with the gear while in your use.

Garbage:

You and your fellow housemates are responsible for managing the garbage and recycling. Please put the trash and recycling bins out each Wednesday by 7:30am. Since we live in a residential neighborhood, please make sure the bins are presentable.

TV:

At the TG Lodge, we will have no TV access from Sunday evening through Friday at the end of work. Specific exceptions during the week will be discussed. TV is allowed on Friday and Saturday nights.

Internet:

A benefit of a TG Summer program is the unique opportunity to unplug from the busyness of life and focus on your heart and journey. We want to help you guard this opportunity and eliminate as many distractions as possible. For this reason, we have limited internet access and usage at the house. Specific times will be discussed.



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Computers, Tablets, and Cell Phones:

As internet is limited, so will your use of computers, tablets, and cell phones. All cell phones will be collected during nightly programs.

Smoking:

Smoking during the Training Ground program is limited to cigars and pipes and only during specified times. Vapor cigarettes, cigarettes, cloves, hookah tobacco, and smokeless tobacco are prohibited.

Alcohol:

No alcohol is allowed during the Training Ground program. We desire to create a safe and healthy environment and that nothing hinders you from being able to engage the experience fully.

Drugs:

No (federally) illegal drugs will be allowed during the Training Ground program. We have a zero tolerance for all illegal drugs and the legal drug, marijuana.

Neighbors:

The Training Ground Lodge is located in a neighborhood about 2 miles from Garden of the Gods. We have enjoyed great relationships with our neighbors and would ask you to respect them and their property. We would also ask that if you are outside after 10 pm to remember to lower your voice and keep the activity to a low rumble.

Curfew:

We don't have a curfew, as we want to let you manage your own lives. We do reserve the right to establish a curfew based on your behavior and your attentiveness at program activities. Certain program activities will require us to enact a curfew the night before that activity.

Days/ Nights Off:

There are only a few times through the course of the summer where you will have an evening or a day that is not filled with programming. In these times you are expected to honor the TG code of conduct wherever you go. **Remember** you are representing yourself and this program.

Due to our experience we would also suggest that you take advantage of the beautiful Colorado location and see as much of the area as you can.

Leaders, Interns, Guides and Instructors:

There are many different people that will participate in the teaching and facilitating of the summer adventures. These are all volunteers. They have chosen to invest in your life, for your benefit. It is important that you treat them with the utmost respect. Disrespectful and rebellious behavior towards the TG community and the program is not tolerated.



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VERY Important:

We will have scheduled evaluations of each participant throughout the summer. This will be a time of mentoring and encouragement and development. If at any point we believe you are not benefiting from the program or that your behavior is impacting the TG community or yourself in a negative way, we reserve the right to send you home for any of the above behavior.

If you are caught breaking the TG Code of Conduct, TG will take further action based on the incident at our discretion. If necessary, you risk immediate expulsion without the refund of your tuition.

I have read and understand the above, and agree to abide by this code during my time at Training Ground.

Printed Name

Signature

Date